

## FOR IMMEDIATE RELEASE

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### **Children and Adolescent Services at Roxbury Comprehensive Community Health Center (RoxComp)**

#### **Healthy Children Now Stronger Communities Later**

ROXBURY, MA, April 2, 2010 – RoxComp’s Pediatric/Adolescent Department is accepting new patients.

RoxComp’s Pediatric/Adolescent Department provides services which ensure the well-being of children from birth to 18 years of age.

#### **Pediatric/Adolescent Services offered include:**

|                       |                  |                     |                      |
|-----------------------|------------------|---------------------|----------------------|
| Physical Examinations | Immunizations    | Anemia Screening    | Hearing Testing      |
| Asthma Management     | Health Education | Sickle-Cell Testing | Nutrition Counseling |
| Well Child Care       | Lead Screening   | WIC Referrals       | Social Work          |

#### **Specialty Services/Programs include:**

*Pediatric Asthma Education and Management* provides children with asthma evaluation, treatment and control to reduce emergency room visits and hospitalization.

*Pediatric Dentistry* ensures access to needed dental services to children in our target communities.

*Family Protection Services/Victims of Violence Program* works to respond to the clinical and social needs of maltreated children and victims of interpersonal violence.

*The Reach Out and Read program* distributes books to children at every routine visit from six months to five years, stressing the importance of reading for the children’s future. In this way, each child is able to build a library of at least 10 books by the time they enter kindergarten. Both children and their families light up when they receive books - even after they get shots! We also have volunteers in our waiting room that read to children while they wait for their appointments. Not only does this entertain the children; it also provides an excellent behavior for parents to model.

*The Kids Heart & Sole Program* specifically targets RoxComp pediatric patients ages 7-17 who are at or above the 85 percentile of the body mass index (BMI) for their age. The goal of RoxComp’s *Kids Heart and Sole* program is to encourage physically inactive and/or overweight/obese children seen in the pediatric practice at RoxComp to increase weekly, accumulated physical activity, eat healthier, and engage in healthy lifestyle behaviors. Besides the above goal, the program also seeks to improve interpersonal skills, cognitive function, parental/ guardian relationships and self esteem.

**Hours: Monday -Thursday 9:00am -7:00pm Friday 9:00am - 5:00pm Alternate Saturdays 8:30am -12:30pm**

**Call us today to make an appointment at (617) 442-7400**

RoxComp's guiding mission is to provide culturally, ethnically, and linguistically competent primary health care and social services to people of all ages, regardless of ability to pay. RoxComp also serves as a leader advocating for the medically underserved and works in collaboration with numerous other private and public organizations to fulfill its goal of strengthening the health status of the individual, family and community.

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